



## PATIENT INTAKE

Welcome to our online intake form. The information you fill in will be sent directly to our office, speeding up your office visit and allowing us to better serve your healthcare needs.

1. **First Name:**

**Last Name:**

**DOB:**

\_\_\_\_\_

2. **MRN # (Office Use Only):**

\_\_\_\_\_

### ABOUT YOU

Please fill out as much as you can to help us make your initial visit easy and fast for your convenience.

3. **Home Address**

Address 1

Address 2

\_\_\_\_\_

City

State

Zip Code

\_\_\_\_\_

4. **Contact Information**

Mobile Phone

Home Phone

\_\_\_\_\_

Primary Email Address

\_\_\_\_\_

5. **Demographic Information (circle)**

Sex at birth:

Marital Status:

Male

Female

Single

Married

Divorced

Widowed

Other



**6. Spouse's Name:**

\_\_\_\_\_

**7. Personal Information**

Height - Feet:

Height - Inches:

Weight (in pounds):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**8. Do you have insurance?**

Yes

No

**9. Insurance Payer**

\_\_\_\_\_

**10. Insurance Policy Information:**

Insurance Plan Name

ID/Policy Number:

Group Number

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Relationship to Patient: Self Spouse Parent Employer Caregiver Other

Insured's First & Last Name:

Insured's Date of Birth:

\_\_\_\_\_

\_\_\_\_\_

**11. Please provide Insurance Card to Front Staff**

**12. Emergency Contact Information**

Emergency Contact Name:

Contact Phone Number:

Relationship to Patient:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**13. Employer Information (circle)**

Employment Status: Employed Student Not Employed Retired Unknown

Employer Name:

Occupation:

\_\_\_\_\_

\_\_\_\_\_

**14. Who Referred you?**

Name:

\_\_\_\_\_



**How did you hear about us? (circle all that apply)**

Word of mouth Google Referring doctor Attorney/Lawyer Yelp Zocdoc  
Groupon Social Media Direct mail or email campaign Event Other:

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**VISIT PURPOSE**

Please chose a category that fits best for your reason to visit us today.

**15. Please let us know the reason for this visit: (circle all that apply)**

In Pain Seeking Help Auto Accident Work Injury Want to try Chiropractic  
Sports Injury 2<sup>nd</sup> Opinion X-rays only Massage Only  
Other (not related to an auto accident or work injury)

**WORK INJURY**

**16. What type of accident caused your injury?**

Bending Carrying Climbing Crawling  
Jumping Kneeling Lying down Lifting  
Pulling Pushing Raising arm(s) above shoulders  
Running Sitting Performing repetitive motions  
Squatting Turning Twisting Typing  
Traveling Using a computer Walking Prolonged standing  
Talking on the phone Other job related  
Other non=job related activity

**17. When did the accident occur?**

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18.

	Yes	No
Did you receive an injury to the head?		
Did you lose consciousness?		
Did police arrive at the scene?		
Was an accident report taken?		
Did emergency medical services arrive at the scene?		

19. **How did you leave the scene of the accident?**

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20. Where was discomfort felt immediately following the accident? Choose all that apply

	Yes	No
Abdomen		
Back		
Chest		
Face		
Head		
Neck		
Right shoulder, elbow, arm or hand		
Left shoulder, elbow, arm or hand		
Right hip, thigh, knee, leg or foot		
Left hip, thigh, knee, leg or foot		

**AREAS OF CONCERN**

21. **What is your primary area of concern? We will ask about additional complaints after information about this first area of concern.**

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**24. Are there any additional symptoms which have appeared since the accident Occurred? Choose all that apply.**

	Yes	No
Breathing difficulty		
Muscle spasm		
Chest pain		
Numbness and tingling		
Depression		
Rib pain		
Facial pain		
Stomach pain		
Genital pain		
Headaches		
Tightness		
Soreness		
Shock		
Dizziness		
Sleeping difficulty		
Stress		
Gluteal pain		
Irritability		
Stunned		
Tiredness		
Loss of appetite		
Anxiety		
Low energy		
None		
Other		

**If other, specify:**

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**25. Have your symptoms changed since the accident? Choose all that apply**

	Yes	No
Improved daily functioning at home/work		
Shown no change in daily functioning at home/work		
Deteriorated daily functioning at home/work		
Symptoms have exacerbated		
Symptoms have disappeared		
Elicited more pain		
Elicited more stiffness		

**26. Rate the severity of your discomfort at its worse, on scale of 0-10 where 0 is no pain and 10 is severe pain**

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**How often do you feel this discomfort?**

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**27. Please list the specific activities or movements that cause or affect this discomfort (for example, bending over, getting in/out of car, using a computer, etc.)**

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Stretching		
Massage		
Work		
Over the counter medications		
Physical therapy		
Other		

**If other, specify:**

\_\_\_\_\_

**30. Have other health care provider(s) performed tests related to this condition?**

Yes                      No                      If Yes, specify: \_\_\_\_\_

**31. Have you ever had any previous episodes of this condition?**

Yes                      No                      If Yes, specify: \_\_\_\_\_

**32. Do you have an additional condition?**

Yes                      No                      If Yes, specify: \_\_\_\_\_

**ADDITIONAL AREA OF CONCERN**

**33. Approximate date this condition began (exact date not required)**

\_\_\_\_\_

**What caused this condition?**

\_\_\_\_\_

**What is your additional area of concern?**

\_\_\_\_\_

\_\_\_\_\_



**34. What term(s) describes your discomfort? (Choose all that apply.)**

	Yes	No
Aching		
Burning		
Deep		
Dull		
Intolerable		
Sharp		
Shooting		
Stabbing/Throbbing		
Stiffness		
Tightness		
Tingling		
Other		

**If other, specify:**

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**35. Rate the severity of your discomfort at its worst, on a scale of 0-10 where 0 is no pain and 10 is severe**

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**How often do you feel this discomfort?**

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**How has this complaint changed since onset?**

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**Please list the specific activities or movements that cause or affect this Discomfort (for example, bending over, getting in/out of car, using a computer, etc.)**

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**36. What treatment, if any, have you received since the injury (choose all that apply)**

	Yes	No
None		
Chiropractic Care		
Massage		
Medical injection treatment		
Surgical treatment		
Over the counter medications		
Prescribed medications		
Natural or holistic treatment		
Acupuncture		
Physical therapy		
Other		

If other, specify:

**37. What aggravates this condition? (Choose all that apply)**

	Yes	No
Almost any movement		
Athletic activity and/or exercise		
Bending		
Carrying or lifting		
Changing positions		
Coughing and/or sneezing		
Daily child or pet care		
Getting out of bed, chair or car		
Household chores (cleaning, cooking, etc.)		
Looking over shoulder		
Lying down, getting and staying asleep		
Pulling, pushing or reaching		
Raising arm(s) above shoulder(s)		
Self care (dressing, bathing, etc.)		
Sitting in car or chair		
Squatting or bending		
Standing		
Stress		
Walking or running		



Working at a desk/computer		
Yardwork		
Unknown		
Other		

**If other, specify:**

**38. What improves this condition or gives you relief? (choose all that apply)**

	Yes	No
Nothing		
Chiropractic adjustment		
Prescription medications		
Cold packs		
Redirecting attention		
Exercise		
Rest		
Heat packs		
Stretching		
Massage		
Work		
Over the counter medications		
Physical therapy		
Other		

If other, specify:

**39. Have other health care provider(s) performed tests related to this condition?**

Yes                      No

**40. Have you ever had any previous episodes of this condition?**

Yes                      No

**CURRENT HEALTH**

**41. Are you currently taking any medications?**

Yes                      No



**42. Please list regularly used prescription and over-the-counter medications taken, as well as the dosage and frequency for each medication (e.g. 5 mg once daily)**

	Medication Name	Dosage/Frequency
1		
2		
3		

**43. Other than the condition(s) already shared, do you have any additional health concerns?**

	Yes	No
Muscles, Bones or Joints		
Nerves, Headaches, Dizziness, or Emotional		
Head, Eyes, Ears, Nose or Throat		
Heart, Blood Pressure, or Circulation		
Shortness of Breath, Coughing, Asthma or Lung Condition		
Stomach, Bowels or Digestive Conditions		
Genital, Bladder, or Urinary Conditions		
Diabetes, Thyroid or Glandular condition		
Skin or bleeding Conditions		
Do you have any medication allergies?		

**44. Medication Allergies**

	Medication Name	Reaction	Onset Date	Additional Comments
1				
2				
3				



**PERSONAL AND FAMILY HISTORY**

45.

	Yes	No
Have you had any surgical procedures?		
Are there any past illness or conditions we should be aware of?		
Do you have a past history of accidents or trauma?		
Do you have a past family illness history, such as diabetes, cancer, hypertension, and progressive neurological disease that we should be aware of?		

**WORK, SOCIAL, HABITS**

46. **Current work habits- Circle all that apply**

- Permanently fully disable                      Permanently partially disable    Student  
 Cannot work due to current condition    Full-time (20-40+ hours/week)    Unemployed  
 Part-time (1-19 hours/week)                Retired                                      Homemaker

47. **Personal social habits**

	Yes	No
Smoke or use tobacco products		
Drink alcohol		
Drink caffeine		
Use recreational drugs		
Other, to be discussed with doctor		

48. **Present exercise habits**

	Yes	No
No current exercise		
Exercise daily		
Exercise 3+ times per week		
Cannot return to exercise due to current condition		

49. **Diet and nutrition habits**

	Yes	No
Vegan or vegetarian		
Daily supplements		
Other		



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## INFORMED CONSENT TO CHIROPRACTIC ADJUSTMENTS AND CARE

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I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays, on me (or the patient named below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor of chiropractic named below, including those working at the clinic or office listed below or any other office or clinic.

I have had the opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures.

I understand and I am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts known, is my best interest.

I have read, and or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition (s) for which I seek treatment.

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*To be completed by patient:*

\_\_\_\_\_  
Print Patient's Name

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date Signed

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*To be completed by doctor or staff:*

Name and address of clinic/office:

Print name (s) doctor (s) treating this patient:

1525 Superior



## HIPAA Notice of Privacy Practices

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW CAREFULLY.**

If you have any questions about the above notice, please contact our Office at

### **Our Obligations**

We are required by law to:

- Maintain the privacy of protected health information
- Give you the notice of your legal duties and privacy practices regarding health information about you
- Follow the terms of our notice that is currently in effect

### **How We May Use and Disclose Health Information**

Described as follows are the ways we may use and disclose health information that identifies you ("Health Information"). Except for the following purposes, we will use and disclose health information only with your written permission. You may revoke such permissions at any time by writing to our practice's privacy officer.

**Treatment.** We may use and disclose Health Information for your treatment and to provide you with treatment-related health care services. For example, we may disclose Health Information to doctors, nurses, technicians, or other personnel, including people outside our office, who are involved in your medical care and need the information to provide you with medical care.

**Payment.** We may use and disclose Health Information so that we or others may bill and receive payment from you, an insurance company, or a third party for treatment and services you receive. For example, we may give your health plan information so that they will pay for your treatment.

**Health Care Operations.** We may use and disclose Health Information for health care operation purposes. These uses and disclosures are necessary to make sure that all of our patients receive quality care to operate and manage our office. For example, we may use and disclose information to make sure the obstetric or gynecologic care you receive is of the highest quality. We also may share information with our entities that have a relationship with you (for example, your health plan) for their health care operation activities.

**Appointment Reminders, Treatment Alternatives, and Health Related Benefits and Services.** We may use and disclose Health Information to contact you and remind you that you have an appointment with us. We also may use and disclose Health Information to tell you about treatment alternatives or health related benefits and services that may be of interest to you.

**Individuals Involved in Your Care or Payment for Your Care.** When appropriate, we may share Health Information with a person who is involved in your medical care or payment for your care, such as your family or a close friend. We also may notify your family about your location or general condition or disclose such information to an entity assisting in a disaster relief effort.

**Research.** Under certain circumstances, we may use and disclose Health Information for research. For example, a research project may involve comparing the health of patients who receive one treatment to those who receive another for the same condition. Before we use or disclose Health Information for research, the project will go through a special approval process. Even without special approval, we may permit researchers to look at records to help them identify patients who may be included in their research project or for other similar purposes.

### **Special Situations**

**As required by law.** We will disclose Health Information when required to do so by international, federal, state, or

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local law.

**To Avert a Serious Threat to Health or Safety.** We will disclose Health Information when necessary to prevent a serious threat to your health and safety or the public, or another person. Disclosure, however, will be made only to someone who may be able to help provide treatment.

**Business Associates.** We may disclose Health Information to our business associates that perform functions on our behalf or to provide us with services if the information is necessary for such functions or services. For example, we may use another company to perform billing services on our behalf. All of our business associates are obligated to protect the privacy of your information and are not allowed to use or disclose any information other than that as specific in our contract.

	Yes	No
Did you receive an injury to the head?		
Did you lose consciousness?		
Did police arrive at the scene?		

**Organ and Tissue Donation.** If you are an organ donor, we may use or release Health Information to organizations that handle organ procurement or other entities engaged in procurement, banking or transportation of organs, eyes, or tissues to facilitate organ, eye, or tissue donation, and transplantation.

Was an accident report taken?		
Did emergency medical services arrive at the scene?		

**Military and Veterans.** If you are a member of the army forces, we may use or release Health Information as required by military or other authorities. We will release Health Information to the appropriate foreign military authority if you are a member of a foreign military.

**Worker's Compensation.** We may release Health Information for worker's compensation or similar programs. These programs provide benefits for work-related injuries or illness.

**Public Health Risks.** We may disclose Health Information for public health activities. These activities generally include disclosure to prevent or control disease, injury, or disability; report child abuse or neglect; report reactions to medications or problems with products; notify people of recalls of products they may be using; inform a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; and report to the appropriate government authority if we believe a patient has been a victim of abuse, neglect, or domestic violence.

	Yes	No
Abdomen		
Back		
Chest		
Face		
Head		
Neck		
Right shoulder, elbow, arm or hand		
Left shoulder, elbow, arm or hand		
Right hip, thigh, knee, leg or foot		
Left hip, thigh, knee, leg or foot		

**Law Enforcement.** We may release Health Information if asked by a law enforcement official if the information is: 1) in response to a court order, subpoena, warrant, summons, or similar process; 2) limited information to identify or locate a suspect, fugitive, material witness, or missing person; 3) about the victim of crime even if, under certain circumstances, we are unable to obtain the person's agreement; 4) about a death we believe may be the result of criminal conduct; 5) about criminal conduct on our premises and; 6) in an emergency to report a crime to the location of the crime if victims, or the identity, description, or location of the person who committed the crime.

**Coroners, Medical Examiners, Funeral Directors.** We may release Health Information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release Health Information to funeral directors as necessary for their duties.

**National Security and Intelligence Activities.** We may release Health Information to authorized federal officials so they may provide protection to the President, other authorized persons, or foreign heads of state, or to conduct special investigations.

**Protective Services and Intelligence Activities.** We may release Health Information to authorized federal officials so they may provide protection to the President, other authorized persons, or foreign heads of state, or to conduct special investigations.

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**Inmates or Individuals in Custody.** If you are an inmate of a correctional institution or other custody of a law enforcement official, we may release Health Information to the correctional institution or law enforcement official. This release would be made if necessary 1) for the institution to provide you with health care; 2) to protect your health and safety or the health and safety of others, or; 3) for the safety and security of the correctional institution.

25. Have your symptoms changed since the accident? Choose all that apply

**Your Rights**

You have the following rights regarding Health Information we have about you:		Yes	No
Improved daily functioning at home/work			
Right to Inspect and Copy. You have the right to inspect and copy Health Information that we may use to make decisions about your care or payment for your care. This includes medical and billing records, other than psychotherapy notes, to inspect and copy this information. You must make your request in writing, to our Privacy Officer.	Shown no change in daily functioning at home/work Deteriorated daily functioning at home/work		
	Symptoms have exacerbated		
Right to Amend. If you feel that Health Information we have is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept by or for our office. To request an amendment, you must make your request, in writing, to our Privacy Officer.	Symptoms have disappeared Elicited more pain Elicited more stiffness		

**Right to an Accounting of Disclosures.** You have the right to request a list of certain disclosures we made of Health Information for purposes other than treatment, payment, and health care operations or for which you provided written authorization. To request an accounting of disclosures, you must make your request, in writing, to our Privacy Officer.

26. Rate the severity of your discomfort at its worse on scale of 0-10 where 0 is no pain and 10 is severe pain  
 How often do you feel this discomfort?

**Right to Request Restrictions.** You have the right to request a restriction or limitation on the Health Information we use or disclose for treatment, payment, or health care operation. You also have a right to request a limit on the Health Information we disclose to someone involved in your care or the payment for your care, like a family member or friend. However, you can ask that we do not share information about your particular diagnosis or treatment with your spouse. To request a restriction, you must make your request, in writing, to our Privacy Officer. **We are not required to agree with your request.** If we agree, we will comply with your request unless the information is needed to provide you with emergency treatment.

27. Please list the specific activities or movements that cause or affect this discomfort (for example, bending over, getting in/out of car, using a computer, etc.)

**Right to Request Confidential Communication.** You have the right to request that we communicate with you about your medical needs in a confidential manner. If you request confidential communication, you must make your request, in writing, to our Privacy Officer. You must specify how or where you wish to be contacted. We will accommodate reasonable requests.

**Right to a Paper Copy of This Notice.** You have the right to a paper copy of this notice. You must ask us to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice. You may obtain a copy of this notice by contacting our office.

**Changes to This Notice**

We reserve the right to change this notice and make the new notice apply to Health Information we already have as well as any information we receive in the future. We will post a current copy of our notice at our office. The notice will contain the effective date on the first page, in the top right hand corner.

**Complaints**

If you believe your privacy has been violated, you may file a complaint with our office or with the Secretary of the Department of Health and Human Services. To file a complaint with our office, contact our Privacy Officer. All complaints must be made in writing. **You will not be penalized for filing a complaint.**

By Subscribing my name below, I acknowledge receipt of a copy of this notice, and my understanding and my agreement to its terms.

\_\_\_\_\_  
 Patient Signature

\_\_\_\_\_  
 Date

Office Name: \_\_\_\_\_

Office Address: \_\_\_\_\_

## Patient Messaging Consent

**By supplying my home phone number, mobile phone number, email address, and any other personal contact information, I authorize my health care provider to use my personal information, the name of my care provider, the time and place of my scheduled appointment(s), and other limited information, for the purpose of notifying me of a pending appointment, a missed appointment, overdue wellness exam, balances due, lab results, or other communications via an automated outreach and messaging system. I also authorize my healthcare provider to disclose to third parties who may intercept these messages (individuals you have provided with access to your digital devices or email accounts) limited protected health information (PHI) regarding my healthcare events. I consent to the receiving multiple messages per day from the automated outreach and messaging system, when necessary.**

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Signature



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📞 949-298-5670

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[renuchironb@gmail.com](mailto:renuchironb@gmail.com)

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We will work diligently with your insurance company to ensure your claims are processed and paid. Ultimately, if the insurance company denies payment, it may become your responsibility to render payment for services. We work hard to ensure you receive the best treatment possible and working together is necessary for this approach. Please notify ReNu Chiropractic when a credit card number has changed or expired.

#### PLEASE READ EACH BULLET POINT

- If my insurance company does not make payment to ReNu Chiropractic for services rendered, I will become personally responsible for the charges. I will have **15 days** to clear my account by calling my insurance company after being notified by this office. If the account is not cleared **within 15 days**, I hereby authorize ReNu Chiropractic to charge any outstanding amount to my credit card.
- Insurance checks that I receive will be promptly brought to the office. Inability to do so **within 30 days of receipt of insurance checks** authorizes ReNu Chiropractic to charge the credit card on file for the unpaid charges on my account.
- Cash balance on my account will be paid within **30 days of notification** of the amount owed. If a balance remains past 30 days, I hereby authorize ReNu Chiropractic to charge the full amount to my credit card on file. • When not using health insurance for my treatment, I authorize the use of this card ***for payment of services rendered at ReNu Chiropractic at the time services are rendered until written notice is provided to terminate.*** (i.e. Physical Therapy, Acupuncture and Chiropractic copays, massages, medical payments, etc.)
- I understand there is a **\$35.00 NO SHOW / SAME DAY CANCELLATION FEE** for all services except chiropractic, unless a 24-hour notice is provided prior to appointment.

I authorize the above named business to charge the credit card indicated in this authorization form for services rendered. I certify that I am an authorized user of this credit card and that I will not dispute the payment with my credit card company when charged for services rendered.

I understand and agree to all the information written above.

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Client Signature

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Date